

**KISHWAUKEE FAMILY YMCA**



**DCST**

**Big Dog Splash**  
BIG DOG SPLASH

**Date: Saturday, June 17, 2023**

**Location: Kishwaukee Family YMCA**

**Entry Deadline: Monday, June 12, 2023**

**Hosted by: DCST Big Dogs**

**Meet Director: Kayleigh Kozlowski**

**Entry Chairperson: Paula Hastings**

**Web Site: [www.DCST.org](http://www.DCST.org)**

**Sanction: ILL0649-23A**

**Kishwaukee YMCA/DeKalb County Swim Team (DCST)**

DCST Big Dog Splash  
Saturday, June 17, 2023

**MEET DIRECTOR**

Kayleigh Kozlowski  
Kishwaukee YMCA  
2500 Bethany Road  
Sycamore, IL 60178  
(815) 375-5399 – Work  
kkozlowski@kishymca.org

**ENTRY CHAIRPERSON**

Paula Hastings  
(630) 254-8105  
Email: [pauladcst13@gmail.com](mailto:pauladcst13@gmail.com)

**Format** This is a closed Y meet, only swimmers who are members of a YMCA team may swim in this meet. This meet will offer all LC State events. This meet is offered to have Y teams compete against one another ahead of LC State.

There will be positive check-in and coaches should turn in scratches 30 minutes prior to the start of the day.

**As this is our first year with this meet, we will be doing mixed Open events, unless otherwise specified, so there will be no bullpen for the 8 and unders. We've also included 10 minute breaks into the program to ensure swimmers are getting good swims. If we have a good turn out, these breaks may be reduced to 5 minutes.**

<b>Meet Schedule:</b>	8:00 AM	Warmups Start
	9:30 AM	Officials Meeting
	9:30 AM	Scratches Due
	9:40 AM	Warmups End
	9:45 AM	Timers Meeting
	10:00 AM	Meet Starts

**Location** Kishwaukee YMCA, 2500 Bethany Road, Sycamore, IL 60178

**Facility** Kishwaukee YMCA has an 8 lane 25 yard competition pool with starting blocks in 7 feet of water at both ends. There will be some 25-yard lanes available in an additional pool for warm-up and warm-down during the meet. The facility uses non-turbulent lane lines with a fully automatic Colorado timing system. The meet will be run using Hy-Tek's Meet Manager. The seating capacity is for 700 spectators.

**Rules** This meet is governed by the current National YMCA "Rules that Govern YMCA Competitive Sports," Illinois State Swim Committee and USS Swimming rules.

**Warmups** Each team will be assigned lanes and times for warmups. These assignments will be made after the entries are received. Teams will be contacted with their warmup assignments and they will also be posted on our website.

**Results** Meet results will be emailed to the coaches following the conclusion of the meet.

**Entry Deadline** Entries will open at 9:00 am on Thursday, June 1, 2023. All entries must be received by noon on Monday, June 12, 2023. All entries need to be emailed, no handwritten entries will be accepted. Mail and fax entries **will not** be accepted. A printout copy of the entries, a signed release form, and a check for full payment of entries is due day of meet. Email entries can be sent to [pauladcst13@gmail.com](mailto:pauladcst13@gmail.com). Confirmation will be sent upon loading entries into Meet Manager.

**Entry Fees and Release Forms** A signed Summary Fee / Release Form provided in this packet is required to secure a team's place in the meet. Fees can be paid by check or credit card. Checks are to be made payable to: DeKalb County Swim Team or DCST. A form for teams paying by credit cards is located at the end of this packet.

**Entry Fees** Individual events: \$3.50 per event  
Relay events: \$16.00 per relay

**Entry Limitations** Deck entries will not be permitted. Swimmers are allowed to enter a maximum of 4 individual events and 4 relay events.

**Scoring** Individual events: 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1  
Relay events: 40-34-32-30-28-26-24-22-18-14-12-10-8-6-4-2

**Awards** As this is our first year, we will not be handing out individual or team awards. We will be passing out duckies to all swimmers who participate in this meet. We will still score the meet and rank both top swimmers in the age groups, along with teams.

**Seeding** All events are mixed ages and gender, unless otherwise specified. All events will be timed finals from slowest to fastest.

**500/1650 Free** Swimmers should provide their own timers and counters. 500 Free and 1650 Free may be swam at the same time. If a swimmer desires both 500 and 1650 time, they may go for their 500 split during the 1650, but coaches need to speak with Paula Hastings, the meet ref, prior.

**Concession** A concession area will be available throughout the meet.

**Disabilities** The Meet Referee has the authority to accommodate swimmers with disabilities. It is the responsibility of the coaches or swimmers to contact the Meet Referee, prior to competition, with specific requests.

**Recording Devices** Use of audio or visual recording devices, including cell phone, is not permitted in changing areas, rest rooms or locker rooms. In addition, taking photos, or audio recordings, is prohibited behind the starting blocks.

**Locker Rooms** Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited. Locker rooms will not be available but there will be family changing rooms available.

**Safe Sport** All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

**Rules of Conduct** Parental supervision of the swimmers in the locker rooms, the staging area, and the concessions area is a requirement for participation in the meet. Lack of such supervision may result in disqualification from the meet.

For the safety and enjoyment of swimmers and spectators, the following rules must be observed. Marshals will be clearly designated to assure that safety is maintained.

1. There will be no food, beverages, swim bags, coolers, blankets, or sleeping bags allowed in the pool area.
2. Flash photography will not be allowed in the pool area. Persons taking flash pictures will be warned once. Subsequent violations will result in expulsion from the meet.
3. Use of tobacco products is not allowed in the YMCA. Outside of the YMCA, tobacco users are asked to use the designated smoking areas only.
4. Following completion of the morning warm-ups, the non-competition pool can be used for warm-up and cool-down only.

**Drones** Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open

ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

**Directions** From the South, East or West

Exit I – 88 at the Peace Road Exit. Take Peace Road North to Bethany Road West (or left). The YMCA is located about a mile and a half down on your left. The address of the YMCA is 2500 Bethany Road, Sycamore, IL 60178. The phone number of the YMCA is (815) 756 – 9577.

From the North

Take 23 South to Bethany Road West (or right). The YMCA is located on your left. The address of the YMCA is 2500 Bethany Road, Sycamore, IL 60178. The phone number of the YMCA is (815) 756 – 9577.

## Order of Events

1	Mixed	Open	200 Freestyle
2	Mixed	10 & Under	200 Medley Relay
3	Mixed	11-12	200 Medley Relay
4	Mixed	13-14	200 Medley Relay
5	Mixed	21 & Under	200 Medley Relay
6	Mixed	Open	50 Freestyle
7	Mixed	Open	100 Butterfly
8	Mixed	Open	400 IM

10 minute break

9	Mixed	Open	200 Butterfly
10	Mixed	21 & Under	400 Freestyle Relay
11	Mixed	12 & Under	50 Backstroke
12	Mixed	Open	100 Breaststroke

10 minute break

13	Mixed	Open	200 Breaststroke
14	Mixed	10 & Under	200 Freestyle Relay
15	Mixed	11-12	200 Freestyle Relay
16	Mixed	13-14	200 Freestyle Relay
17	Mixed	21 & Under	200 Freestyle Relay
18	Mixed	12 & Under	50 Butterfly
19	Mixed	Open	100 Backstroke
20	Mixed	Open	200 IM

10 minute break

21	Mixed	Open	200 Backstroke
22	Mixed	21 & Under	400 Medley Relay
23	Mixed	12 & Under	50 Breaststroke
24	Mixed	Open	100 Freestyle

10 minute break

*25	Mixed	Open	500 Freestyle
*26	Mixed	Open	1650 Freestyle

\* Events #25-26: 500 and 1650 Freestyle maybe swum at the same time.

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This completed and signed summary of fees and release from, entry forms and a check payable to the **Kishwaukee YMCA**.

Name of Club: \_\_\_\_\_ Club Code: \_\_\_\_\_

Name of person submitting entry: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

Telephone #: \_\_\_\_\_ E-mail: \_\_\_\_\_

	Number of Swimmers	Number of Entries	Cost per Swim	Totals
Individual Events	_____	_____	X \$3.50	_____
Relays		_____	X \$16.00	_____
			Total	_____

In consideration of the acceptance of this entry, I, intending to be legally bound, hereby consign, waive, and release any and all rights and claims for damages which may occur against United States Swimming, Inc.; Illinois Swimming, Inc.; Kishwaukee YMCA/DeKalb County Swim Team; Kishwaukee YMCA; or their representatives, employees, or successors, for any or all injuries suffered by me or any contestant or representative in said meet as a representative of my club.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
(Coach, Club Representative, or Parent)

**USA Swimming's SWIMS Database Informational Sheet**

Any teams and / or swimmers wanting to have their times from the meet entered into the USA Swimming's SWIMS Database system must return this completed form with their entries.

**Note - Teams with no USA Swimming registered swimmers do not need to fill out this form.**

Team Name: \_\_\_\_\_

LSC: \_\_\_\_\_ USA Swimming Club Code: \_\_\_\_\_

If your team's swimmers swim unattached, please list club code as unattached.

- 1) Do all the swimmers on your team have a current USA Swimming Membership?

\_\_\_\_\_ Yes - Proceed to number 3

\_\_\_\_\_ No - Proceed to number 2

- 2) Please list the swimmers who do have a current USA Swimming Membership with their USA Swimming ID number. Use additional sheets if needed.

Swimmer's Name	USA Swimming ID number
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

- 3) If you have any swimmers who are considered unattached as far as USA Swimming is concerned, please list these swimmers below. Use additional sheets if needed.

Swimmer's Name	USA Swimming ID number
_____	_____
_____	_____
_____	_____
_____	_____